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HAT'S FOR LUNCH THIS SUMMER...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

In Partnership with:



Please visit the website for current updates

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/lbi
email: info@caterlinkltd.co.uk
or call 0207 607 6151

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.



www.mycaterlink.co.uk/lbi

ISLINGTON



FRESH
+
HEALTHY
=
TASTY

DISCOVERY DAYS AVAILABLE THIS TERM



Royal Wedding

WE'RE GOING ON A BEAR HUNT



Available at participating schools only.

Is your child entitled to a free school meal? ✓

Your child is entitled to a free meal. Any child is entitled to a free school meal each day, speak to your school to find out how to register.

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

ONE

16 Apr, 7 May, 4 Jun,
25 Jun, 16 Jul

**Summer Butterbean Vegetable Risotto
Bean & Lentil Burgers
with Homemade Potato Wedges**

Jacket Potato with Beans

Sweetcorn & Baked Tomatoes

Pear & Ginger Muffin

Natural Yoghurt / Fruit Salad

**Wholemeal Beef & Red Pepper Pizza
with Fresh Mixed Leaves
Quorn & Vegetable Stir Fry with Noodles**

Jacket Potato with Tuna

Roasted Pepper & Onion / Green Beans

Apple, Cheese & Crackers

Natural Yoghurt / Fresh Fruit Salad

**Roast Beef with Steamed
New Potatoes & Gravy
Vegetable Wellington with Steamed
New Potatoes & Gravy**

Jacket Potato with Cheese

Cauliflower & Broccoli

Natural Yoghurt / Fresh Fruit Platter

**Chicken & Apricots Tagine with Lemon &
Mint CousCous**

**Vegetable & Apricot Tagine with
Lemon & Mint CousCous**

Jacket Potato with Beans

Roasted Butternut Squash & Roasted Courgette

Wholemeal Peach Crumble with Custard

Natural Yoghurt / Fresh Fruit Salad

**Salmon Fishcake or Steamed Salmon
Portion with Paprika Wedges**

**Wholemeal Tomato, Spinach & Cheese
Pasta Neapolitan**

Jacket Potato with Tuna

Baked Beans & Garden Peas

Natural Yoghurt / Fresh Fruit Platter

TWO

23 Apr, 14 May,
11 Jun, 2 Jul, 23 Jul

**Spiced Vegetable & Quorn Pattie with Rice
Mixed Bean Cassoulet with Rice**

Jacket Potato with Beans

Green Beans & Carrots

Apple & Berry Strudel with Custard

Natural Yoghurt / Fresh Fruit Salad

**Wholemeal Chicken Arrabiata Pasta
Wholemeal Roast Vegetable Pizza with
Fresh Mixed Leaves**

Jacket Potato with Tuna

Fresh Mixed Salad / Carrot & Beetroot Slaw

Pear Sponge with Custard

Natural Yoghurt / Fresh Fruit Platter

**Roast Turkey with
Roast New Potatoes & Gravy
Shepherdess Pie**

Jacket Potato with Cheese

Cabbage &

Carrot & Swede Mash

Natural Yoghurt / Fresh Fruit Salad

**Jamaican Rice with Beef & Beans
Lentil & Sweet Potato Curry
with 50/50 Rice**

Jacket Potato with Beans

Roasted Mixed Vegetables & Courgettes

Wholemeal Fruity Shortbread with

Natural Yoghurt

Fresh Fruit Platter

**Mediterranean Fish
with Chipped Potatoes
Spanish Omelette with Mixed Leaves
with Steamed New Potatoes**

Jacket Potato with Tuna

Baked Beans & Garden Peas

Natural Yoghurt / Fresh Fruit Salad

THREE

30 Apr, 21 May,
18 Jun, 9 Jul

**Quorn Mince Vegetarian Bolognese
with Spaghetti
Vegetable & Bean Fajitas with Rice**

Jacket Potato with Beans

Roasted Summer Vegetables & Roasted Carrots

Lemon & Mixed Berry Cake

Natural Yoghurt / Fresh Fruit Salad

**Beef Burger with
Homemade Jacket Potato Wedges
Wholemeal Cheese, Red Pepper
& Tomato Quiche with Couscous**

Jacket Potato with Tuna

Tomato & Onion Slaw / Sweetcorn

Pineapple Upside Down Cake with Custard

Natural Yoghurt / Fresh Fruit Platter

**Roast Chicken with Stuffing,
Minted New Potatoes & Gravy
Lentil and Vegetable Soya Roast with
Steamed New Potatoes & Gravy**

Jacket Potato with Cheese

Red Cabbage / Parsnips

Natural Yoghurt / Fresh Fruit Salad

**Cajun Spiced Turkey with
Wholemeal Penne Pasta
Soya & Bean Chilli with 50/50 Rice**

Jacket Potato with Tuna

Green Beans & Broccoli

Wholemeal Apple Crumble with Custard

Natural Yoghurt / Fresh Fruit Platter

**Breaded or Steamed Fillet of
Fish served with Oven Chips
Chickpea & Vegetable Hotpot with
Couscous**

Jacket Potato with Beans

Baked Beans & Garden Peas

Natural Yoghurt / Fresh Fruit Salad

AVAILABLE
EVERY DAY...

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad
items available daily

Fresh Fruit & Yoghurt

available daily

WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON

All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food Standards
We hope your child enjoys
our new menus.

Menus could be subject to
local change, please check
your child's school for any
bespoke changes.



Vegetarian option



Oily fish



Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY